



Jetty Tennis Newsletter

Spring 2020

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AGM September 16 at 6pm

Club courts. All welcome but we need to keep social distancing and observe covid-19 safety plan. If unwell or have been to any hotspots in the past 14 days please do not attend. You may send your comments via the club email.

COVID-19 SAFETY PLAN:

THE CLUB IS COMMITTED TO PROVIDING A SAFE VENUE FOR TENNIS. WE HAVE DEVELOPED A COVID-19 SAFETY PLAN BASED ON STATE GOVERNMENT GUIDLINES AND HEALTH DIRECTIVES. A COPY OF THE PLAN CAN BE FOUND AT THE CLUB AS WELL AS NOTICES STATING CLUB ENTRY REQUIRMENTS, HOW TO RECORD ATTENDANCE, NUMBERS IN ENCLOSED SPACES AND PERMITTED ACTIVITIES. PLEASE OBSERVE THESE TO ENSURE WE REMAIN A COVID SAFE VENUE

Committee update

Life Membership for Viv Gayford.

Viv has been an active committee executive member for 10 years. Thanks Viv

Working Bee: Saturday Sept 19th 9am

Contact John Doyle for more info 0427 151 950

Funding update: The club has been very successful in winning grants this year due to the hard work of the committee. These grants enable the club to keep the courts in top condition and ensure the clubs long term viability.

Court 3&4 resurfacing costs approx. \$80,000. We have \$20,000 from the State and \$40,000 from Council leaving the club to pay \$20,000. Works due to start in December.

Office of Sport Defibrillator program provided half the cost of the new defibrillator now located in the club house. Total cost of equipment was approx. \$2,500

Also received \$1,000 as part of the Sport Recovery Grant Program to assist in Covid-19 management.

We are still awaiting the outcome of a grant to install LED lights on courts 5&6.

Grants in the pipeline include LED lighting for all courts, water station outside the club house.

All of these grants are competitive and require significant and time consuming application processes. Jetty Tennis committee has been and will continue to work hard to win relevant grants.

OUR COVID SAFETY PLAN STIPULATES ALL COURTS ARE TO BE HIRED USING BOOK A COURT. THIS ENSURES WE HAVE A RECORD OF WHO IS PLAYING AND WHEN IN CASE WE NEED TO PROVIDE CONTACT TRACING INFORMAITON.

WE HAVE INSTALLED PUSH BUTTON LIGHTS FOR COURTS 5 & 6 SO THAT YOU CAN BOOK AND PLAY SEVEN NIGHTS A WEEK. **REMEMBER TO CHECK YOUR EMAIL CONFIRMATION FOR INSTRUCTIONS AND CODES**

What's new?

We now have a defibrillator located in the club kitchen. Those with first aid training will know how to use this. The committee have undertaken a training session also. We hope we never need to use this but it may provide essential support in the case of an emergency. We plan to hold another training session as soon as we can arrange one. We will let you know when we have been able to do this. Contact us via email if you are interested.

englandsparktennis@gmail.com

Competition news

The CHDTA Comp is underway after a lot of ups and downs due to Covid.

Again we have increased the number of teams this season with 6 teams in Mixed. We have three in Division 3, two in Division 4 and one in Division 5. Divisions 1&2 are not team based but we are well represented here too. Mixed teams play on Tuesday nights. All teams are playing well and we should have some finals contenders.

The ladies Divisions 1, 2&3 are also not team based however EP is again well represented in all levels. Ladies play on Thursday nights. Our ladies are again at the top of their form.

If you are interested in trying out for 2021 competition teams

Contact Benice 0458 529 774

Social Natter

What better way to exercise, keep fit and connected than to play social tennis. It's up to us all to check on friends including fellow tennis mates to make sure we are all doing OK in these challenging times.

If you haven't been for a while come along and catch up with some fellow tennis buffs.

Social Tennis (\$4 members, \$6 non-members)

Mixed: Sat 3-5pm, Tuesday and Friday 8-10am

Ladies: Monday 8-11am

SATURDAY SOCIAL is growing with some great tennis being played. Come challenge yourself at 3pm.

Friendship, tennis and laughter – great for body & soul.

Have a laugh with Greg!!

An exercise for people who are out of shape: Begin with a five-pound potato bag in each hand. Extend your arms straight out from your sides, hold them there for a full minute, and then relax. After a few weeks, move up to ten-pound potato bags. Then try 50-pound potato bags, and eventually try to get to where you can lift a 100-pound potato bag in each hand and hold your arms straight for more than a full minute. Once you feel confident at that level, put a potato in each bag.

Coaching Box



Adult Group Coaching Session with Vanessa.

Monday's 6.45 to 8.15pm. All skill levels catered for: \$15 per session. Improve your tennis and meet some other players. This is a great introduction to playing competition or social tennis with Jetty Tennis. Interested?

Beginners Adult Coaching with Tony Thursday 6.30 – 7.30

Cardio Tennis – all ages and fitness levels Wednesday at 6pm.

Book a spot for any of these by calling

Tony 0428 454 928

Junior Tennis:

For coaching, competitions and clinics

CONTACT TONY POLACK

Phone 0428 454 928

TOURNAMENTS – Check with Tony
www.polackstenniscoaching.com.au

[Due to Covid-19 tournaments are uncertain and have been modified to comply with health directives and our Covid-19 Safety Plan](#)

www.englishsparktennis.com

[email: englishsparktennis@gmail.com](mailto:englishsparktennis@gmail.com)